

# I N T A K E

*Patient Intake Form*

Name \_\_\_\_\_ Date \_\_\_\_\_

Date of Birth \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email Address \_\_\_\_\_ Phone No \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone No \_\_\_\_\_

Marital Status \_\_\_\_\_ Ethnicity \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

## MEDICAL HISTORY

Please select any relevant conditions below:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Anemia/Blood Disorder        | <input type="checkbox"/> Diabetes/Retinopathy    | <input type="checkbox"/> Low Blood Pressure           |
| <input type="checkbox"/> Anxiety                      | <input type="checkbox"/> Eating Disorder History | <input type="checkbox"/> Low Libido                   |
| <input type="checkbox"/> Arthritis                    | <input type="checkbox"/> Epilepsy/Seizures       | <input type="checkbox"/> Mental Health History        |
| <input type="checkbox"/> Asthma                       | <input type="checkbox"/> Heart Disease           | <input type="checkbox"/> Neurological Disorder/Stroke |
| <input type="checkbox"/> Autoimmune Condition         | <input type="checkbox"/> Headache/Migraine       | <input type="checkbox"/> Osteoporosis                 |
| <input type="checkbox"/> Blood Clotting Disorder      | <input type="checkbox"/> High Blood Pressure     | <input type="checkbox"/> Pancreatitis                 |
| <input type="checkbox"/> Cancer/History of Cancer     | <input type="checkbox"/> HIV/AIDS or Hepatitis   | <input type="checkbox"/> Renal Failure                |
| <input type="checkbox"/> COPD                         | <input type="checkbox"/> Hormone Replacements    | <input type="checkbox"/> Sleep Apnea                  |
| <input type="checkbox"/> Deep Vein Thrombosis         | <input type="checkbox"/> IBD/IBS                 | <input type="checkbox"/> Substance/Alcohol abuse      |
| <input type="checkbox"/> Depression/Suicidal Ideation | <input type="checkbox"/> Kidney Disorder/Disease | <input type="checkbox"/> Thyroid Disease              |

Details or any other condition: \_\_\_\_\_

# PATIENT INTAKE FORM

Are you allergic to any medications?  No  Yes If yes, please explain: \_\_\_\_\_

Have you had surgery or hospitalizations  No  Yes: \_\_\_\_\_  
in the past year?  
\_\_\_\_\_  
\_\_\_\_\_

List any vaccines that you've had in the last year:  
\_\_\_\_\_  
\_\_\_\_\_

Are you currently taking any blood thinning drugs? (i.e., Aspirin and Warfarin)  No  Yes  
If yes, please list them: \_\_\_\_\_

## FEMALE MEDICAL HISTORY

Are you currently:  Pregnant  Trying to conceive  Breastfeeding  Post-menopause  
 Using contraceptives: \_\_\_\_\_  Other: \_\_\_\_\_

Date last menses:  Pregnancies:  Live births:

**Please provide a list of all medications or supplements you take:**

MEDICATION OR SUPPLEMENTS	DOSE	FREQUENCY	COMMENTS

# PATIENT INTAKE FORM

## HEALTH HABITS

Do you smoke?  No  Yes How many per day?  How long?

Do you drink alcohol on a regular basis?  No  Yes Weekly Use:

How is your activity level?  Sedentary  Lightly active  Moderately active  Very active

What methods or interventions have you used to lose weight previously?

Diet  Exercise  Prescription medication  Therapy  Herbal supplements

Date of last physical:  Date of last blood work:

Relevant results: \_\_\_\_\_

What is your main motivations and concerns for your visit today?

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Have you experienced any of these symptoms recently?

Chest Pain  Vision changes  Suicidal Ideation  
 Pain with meals  Shortness of Breath  Numbness/Tingling  
 Poor balance/falls  Change in bowel habits  Confusion/Brain Fog  
 Unexperienced weight gain/loss  Unusual Pain with Menstruation Other: \_\_\_\_\_

***By signing below, I acknowledge that I have provided complete and accurate information and understand that it will be used to assess my suitability for any treatment. I understand that it is my responsibility to inform the Medical Practitioner of any changes to my medical history or skincare routine. I agree to waive all liabilities of the Medical Practitioner or employer for any injury or damages incurred due to misrepresentation of my health history.***

<input type="text"/>	<input type="text"/>	<input type="text"/>
Client Name (printed)	Client Name (signed)	Date
<input type="text"/>	<input type="text"/>	<input type="text"/>
Provider Name (printed)	Provider Name (signed)	Date